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ABOUT US

Acquapole s.a.s. is an Italian company that in 2010 designed and developed the **aquatic tool Acquapole®** and its method of use.

We are a team with **twenty years of experience in aqua fitness** and the management of sports facilities.

Acquapole® is a **registered trademark** and a **patented product** SM-A-2010000093

Acquapole® tools are **distributed in 32 countries** and its method is recognized by the world's leading aquatic associations.

The Acquapole® network of trainers is global and this gives us the possibility to organize events and training sessions **around the world.**

The design and production of the apparatus are completely **made in Italy**, only the best Aisi 316 steels and fibreglass are used.

Acquapole® is the only modular apparatus in the water market, with the insertion of accessories you can perform activities that are completely different to each other, suitable for all types of users, making doing exercise fun.

Acquapole® has always selected innovative aquatic equipment and training programs, choosing them among the most reliable partners in the fitness world, thus ensuring **constant innovation.**





ACQUAPOLE®

ACQ.

Pole of variable height from 200 (78.74) in to 250 cm (98.42 in) hooked to a base that can be anchored to any type of bottom thanks to the specific suction cups. Lightweight, easy to assemble, easy to put into the water and to store after use.

It is the mother tool to which you can add multiple accessories that vary its use.

ACTIVITIES: TONE, COREO, POSTURAL, ADVANCED, REHABILITATION



TONE



COREO



POSTURAL



ADVANCED



REHAB

WATER DEPTH: From 100 cm [39.37 in] to 230 cm [90.55 in]
Optimal height 120 cm [47.24 in] with 2 mt [78.24 in] high pole and 200 cm [78.24 in] with 2,50 mt [98.42 in] pole

RELATED PRODUCTS:

BOXING
BAG



ELASTIC
POLE



REVOLUTION
CLAMPS



TRAINING:

TRAINING ON LINE
&
LESSON READY TO USE
ON: WWW.AQUACLASSES.COM

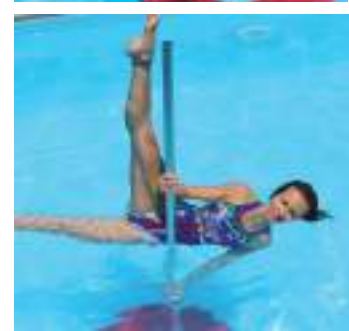
! Suitable for all.
By modifying the training protocols, a lesson can be created for any variety of users

MEASUREMENTS

Height: 200 cm [78.74 in]
(up to 250 cm [98.42 in] on request)
Base diameter : 80 cm [31.49 in]
Weight: 16.5 kg [36.37 lb]

MATERIALS

Stainless steel AISI 316
electropolished and fiberglass





BOXING BAG

B.B.

Boxing bag inserted onto the pole and blocked with a hook that stabilizes its mobility.

Allows you to turn the aquapole into a different tool to create fun and entertaining aqua boxing lessons.

Two or three people can be placed per station.

ACTIVITIES: ACQUA BOXE, CIRCUIT



TRAINING: BOXE

WATER DEPTH: From 100 cm [39.37 in] to 130 cm [51.18 in]
Optimal 110 cm [43.30 in]

RELATED PRODUCTS:

GUANTONI



BO



ELASTIC
POLE



TRAINING:

TRAINING ON LINE
&
LESSON READY TO USE
ON: WWW.AQUACLASSES.COM



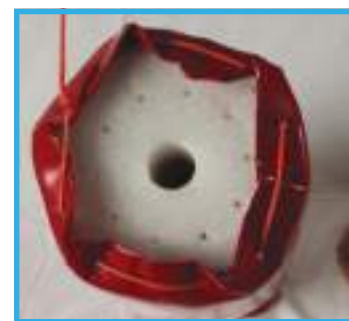
! Extremely physical and tiring activity.
Particularly suitable for men. No need to know how to swim

MEASUREMENTS

Height: 80 cm [31.48 in]
Base diameter: 25 cm [9.8 in]
Weight: 1.5 kg [3.30 lb]

MATERIALS

Foam resistant to chlorine and plastic





ACCESSORIES



E.P.



ELASTIC POLE

Ankle, wrist and belt elastic bands fixed to the pole thanks to the 3 buttonhole hook. By varying the height of the hook you can train different muscle groups.

ACTIVITIES: ELASTIC POLE, CIRCUITO, REHABILITATION

WATER DEPTH : From 100 cm [39.37 in] to 130 cm [47.24 in]

TRAINING:



ELASTIC



REHAB

TRAINING:

TRAINING ON LINE
&
LESSON READY TO USE
ON: WWW.AQUACLASSES.COM



! Suitable for interval training. Particularly recommended for athletic team preparation. Important tool for the activity of rehabilitation of the limbs.

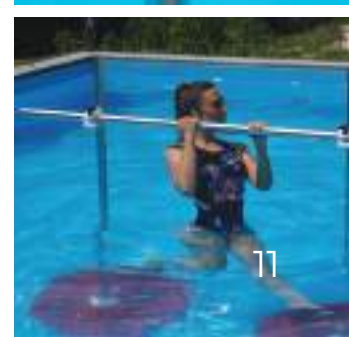
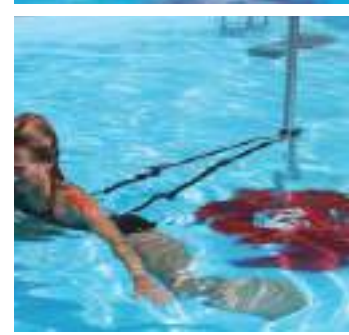
MEASUREMENTS

Length: 105 cm [41.33 in]

Weight: 1.5 kg [3.30 lb]

MATERIALS

Stainless steel AISI 316 electropolished, HDPE and chlorine elastomer resistant



T.T.



T TRACTION

T-shaped accessory that sits on top of the Acquapole®.

ACTIVITIES: CIRCUIT, TONE

WATER DEPTH: From 120 cm [47.24 in] to 180 cm [70.86 in]

TRAINING:



TONE

! Particularly recommended for toning the back and arms. Intended for regular exercisers

MEASUREMENTS

Height: 14 cm [5.51 in]

Length: 40 cm [15.74 in]

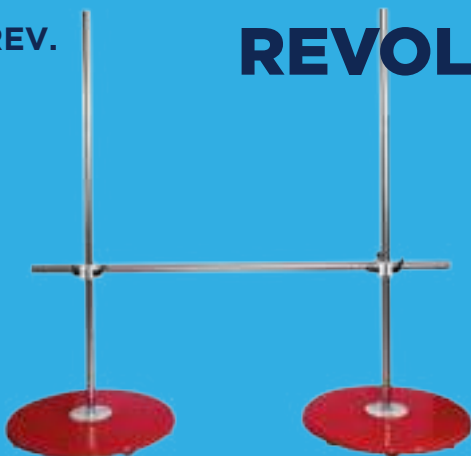
Weight: 1.5 kg [3.30 lb]

MATERIALS

Stainless steel AISI 316 electropolished and thermoplastic HDPE



REV.



REVOLUTION CLAMPS

Pair of hooks that allow the pole to be positioned horizontally at any height according to the needs of use.

ACTIVITIES: REHAB, CIRCUIT, TEAM SPORTS PROTOCOLS

WATER DEPTH: From 100 cm [39.37 in] to 200 cm [78.24 in] depending on the variation of the height of the horizontal bar

TRAINING:



REHAB



TTR



! Suitable for all types of users and training. Possibility of creating the Acquapole Circuit training station that are different and complementary to each other with activities ranging from toning to functional.

MEASUREMENTS

Length: 16 cm [6.29 in]

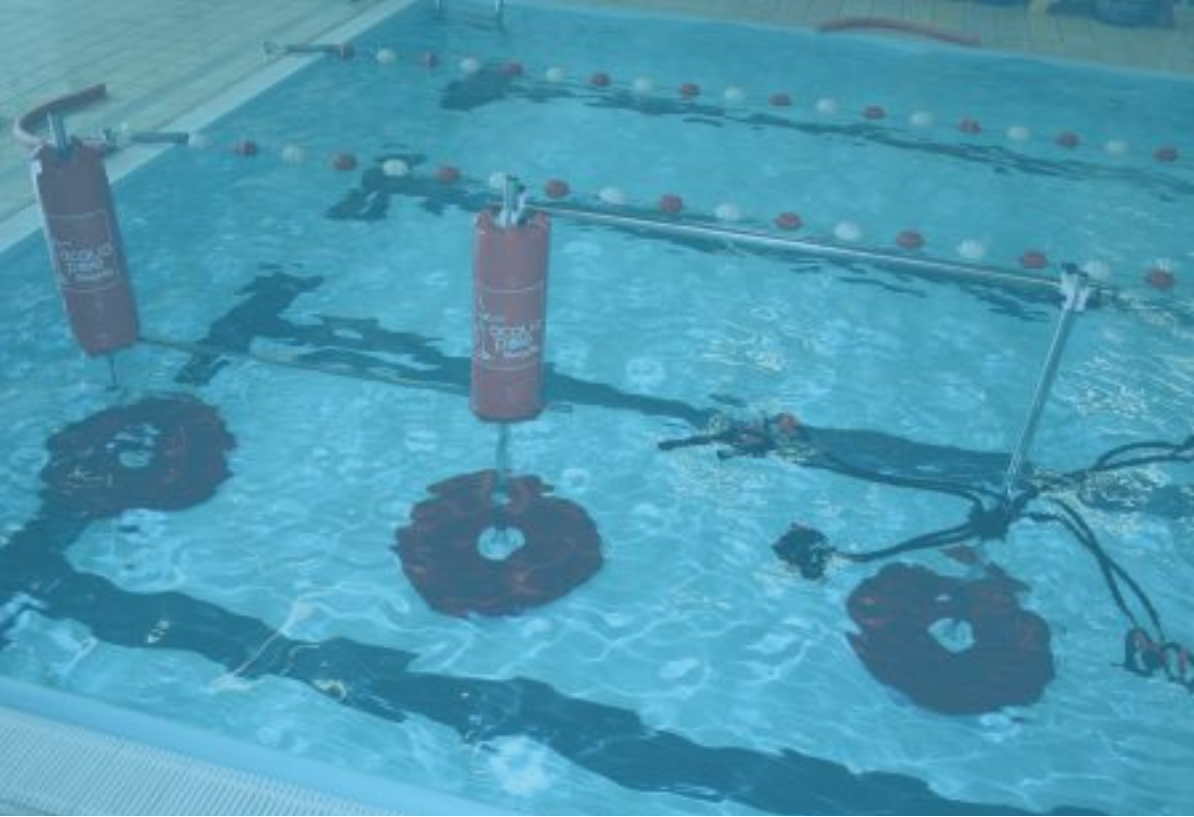
Height: 9 cm [3.54 in]

Width: 9 cm [3.54 in]

Weight: 1.5 kg [3.30 lb] per pair

MATERIALS

AISI 316 electropolished stainless steel, HDPE



ACQUAPOLE® CIRCUIT



RELATED PRODUCTS:

GUANTONI



T-TRACTION



BO



TRAINING:

TRAINING ON LINE
&
LESSON READY TO USE
ON: WWW.AQUACLASSES.COM

CREATE YOUR OWN ACQUAPOLE GYM

The combination with Revolution Clamps, Boxing Bag and Elastic pole allows the creation of many different circuit activities.

ACTIVITIES:

REHAB, CIRCUIT, TEAM SPORTS
PROTOCOLS

TRAINING:



ELASTIC



REHAB



BOXE



TTR

WATER DEPTH: From 90 cm [35.43 in]
to 130 cm [51.18 in]

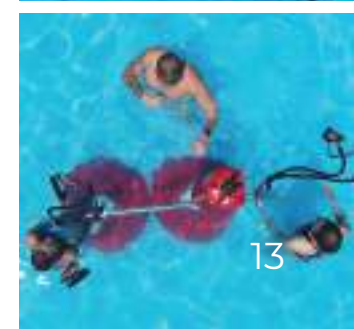
! Suitable for all types of users and training. Aquapole Circuit training stations are different and complementary to each other with activities ranging from toning to functional.

MEASUREMENTS

Measures vary widely from one composition to another.

MATERIALS

AISI 316 Stainless steel,
HDPE, fiberglass.





LIQUID RUNSPHERE

RUN.

Aquatic mat with a base made up of spheres that allow omnidirectional movement. Prepared for the coupling of the elastics to carry out the stroke with restraint.

ACTIVITIES: CARDIO, REHAB, TONE, TONE PLUS

TRAINING: LIQUID RUNSPHERE

WATER DEPTH

From 110 cm [43.30 in] to 150 cm [59.05 in]
Optimal 120 cm [47.24 in]



! Activity for all types of users. Particularly suitable for those who want to tone the lower part of the body. Excellent tool for post-trauma functional rehabilitation and athletic preparation for teams. The possibility to use the carpet in all directions. Extends the range of possible exercises. recommended use with aquatic shoes



MEASUREMENTS

Length: 114 cm
Height: 128 cm
Width: 55 cm
Weight: 19 kg

MATERIALS

AISI 316 electropolished stainless steel, HDPE

RELATED PRODUCTS:

ELASTIC POLE



TRAINING:

TRAINING ON LINE
&
LESSON READY TO USE
ON: WWW.AQUACLASSES.COM

 Maffioli Design





LIQUID JUMP

JUM.O1

Aquatic trampoline that exploits the elastic force useful for coordination exercises and proprioceptivity.

Can be made with or without handlebars.

ACTIVITIES: TONE, CARDIO, COORDINATION, REHAB

TRAINING: LIQUID JUMP

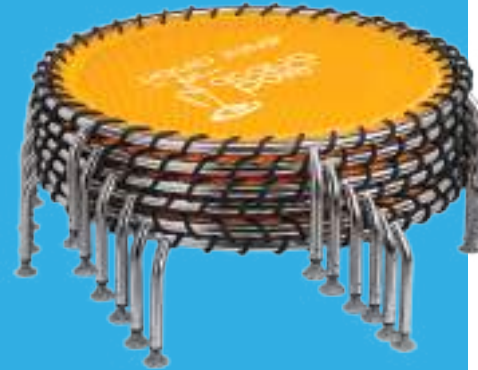
WATER DEPTH:

From 100 cm [39.37 in]
to 150 cm [59.05 in]

Optimal 120 cm [47.24 in]

TRAINING:

TRAINING ON LINE
&
LESSON READY TO USE
ON: WWW.AQUACLASSES.COM



! Particularly recommended for toning exercises aimed at the lower body, sports teams for athletic training and post-trauma rehabilitation

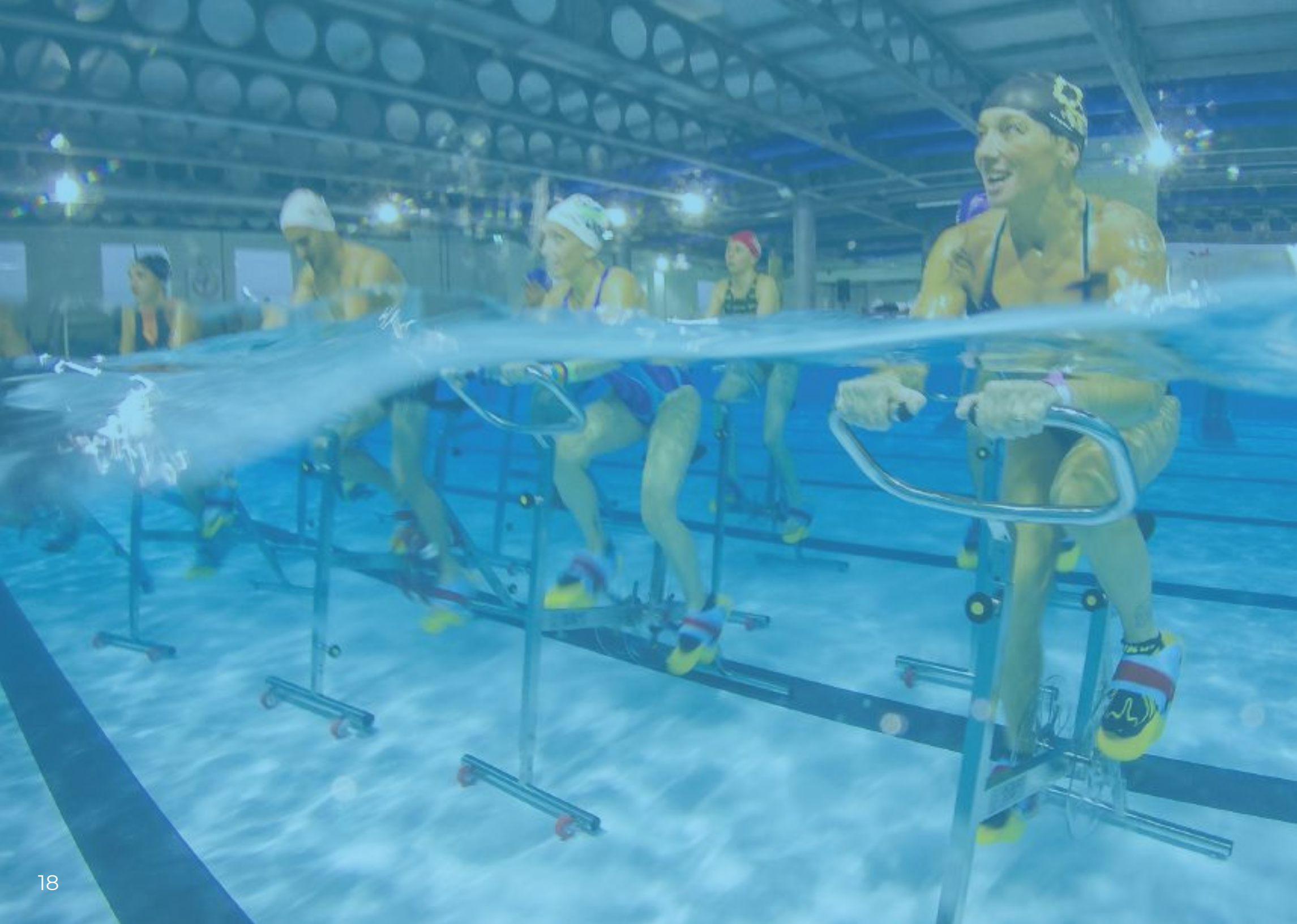
MEASUREMENTS

Diameter: 102 cm [40.15in]
Height with handle: 125 cm [49.29 in]
Weight: 9 kg [19.84 lb]

MATERIALS

AlSi 316 electropolished steel.
Chlorine resistant mesh





LIQUID BIKE

Multifunctional aquatic bike with resistance intensity adjustment.

ACTIVITIES: CARDIO, REHAB, TONE

TRAINING: LIQUID ENERGY BIKE

WATER DEPTH: From 120 cm [47.24 in]
to 160 cm [62.99 in]

Optimal 130 cm [51.18 in]



! Activities for all, toning and cardio. Particularly recommended for toning exercises aimed at the lower part of the body, sports teams for athletic preparation and post-trauma rehabilitation.

MEASUREMENTS

Saddle/handlebar with adjustable height

Maximum height: 180 cm [70.86 in]

Rotating system with

6 different resistance levels.

Weight: 23 kg [50.70 lb]

MATERIALS

AISI 316 electropolished stainless steel, HDPE and PVC



RELAX

BK.REL

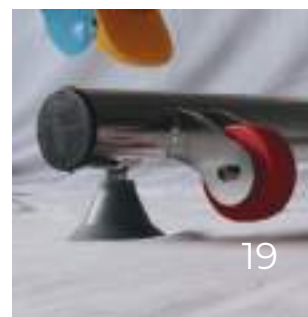
TRAINING:

TRAINING ON LINE
&
LESSON READY TO USE
ON: WWW.AQUACLASSES.COM

ENERGY

BK.V.R.

Medical device certification
TUV certification





LIQUID STEP

STEP

Classic step model with eight suction cups
Weight added for more stability.

ACTIVITIES:

CARDIO, TONE , REHAB

WATER DEPTH:

From 100 cm [39 in] to 165 cm
[64 in]

Optimal 130 cm [51 in]



TRAINING:

TRAINING ON LINE
&
LESSON READY TO USE
ON: WWW.AQUACLASSES.COM

! Activities for all, toning and cardio.
Particularly recommended for toning exercises aimed at the lower part of the body and post-trauma rehabilitation.

MEASUREMENTS

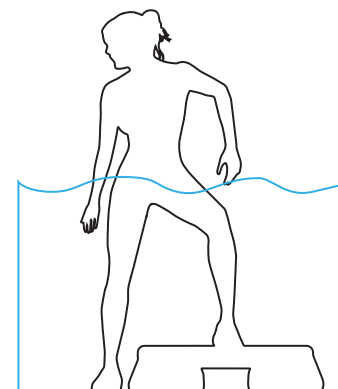
67 X 35 cm [26 x 13 in]

Height: 19 cm (7,3 in)

Weight: 6 kg

MATERIAL

Polyethylene.





LIQUID BOARD

BOA

Multifunctional board based on proprioception
Balance, endurance, strength, coordination and posture
all in one activity.

ACTIVITIES

CORE, BALANCE, COORDINATION

WATER DEPTH

From 60 cm [24 in] to 200 cm [78 in]



! Activities for all, toning and cardio.
Particularly recommended for toning exercises aimed at the lower part of the body, sports teams for athletic preparation and post-trauma rehabilitation.

MEASUREMENTS

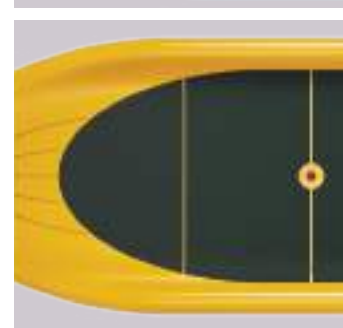
Length: 190 cm [74,5 in]
Width: 87 cm [34 in]
Weight: 20 kg [44 lb]

MATERIALS

Polyethylene.

TRAINING:

TRAINING ON LINE
&
LESSON READY TO USE
ON: WWW.AQUACLASSES.COM





LIQUID BO

BO

Multifunctional aquatic equipment.
You can create different activities adding accessories.

ACTIVITIES

POSTURE, BALANCE,
COORDINATION, FIGHT,
TONE, CORE

WATER DEPTH

From 100 cm [39 in]
to 165 cm [64 in]

Optimal 130 cm [51 in]

RELATED PRODUCTS:

STARS



ELASTIC POLE



TRAINING:

TRAINING ON LINE
&
LESSON READY TO USE
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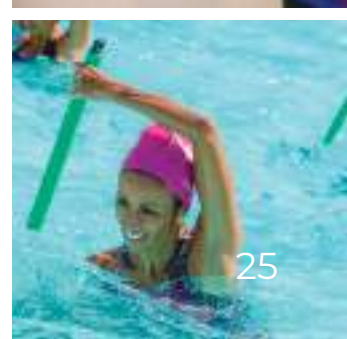
! Activities for all, toning and cardio.
Particularly recommended for toning exercises aimed at the upper part of the body, sports teams for athletic preparation and post-trauma rehabilitation.

MEASUREMENTS

Length: 100 cm [39,4 in]
Weight: 2,5 kg [5,5 lb]

MATERIALS

HDPE





LIQUID GLOVES

The Liquid Gloves is a floating resistance equipment.

MEASUREMENTS

20 x 33 cm [7.87" x 12.9"]

FOAM WIDTH

3 cm [1.18"]

GLV.



! Activities for everyone, invigorating and cardio. Particularly suitable for toning exercises aimed at the upper body.

LEVEL

Medium resistance

ACTIVITIES

CARDIO, TONE

MATERIAL

Eva Foam

LIQUID STARS

The Liquid Stars is a fun and practical resistance equipment, easy to use and adaptable for different kind of clients.

DIAMETER

24 cm [9.45 in"]

HEIGHT

4 cm [1.57 in"]

STR.





SUPPORTS

ACQ. RACK

RAC.

Support for storing 6 poles and 6 bases. Optimal for small spaces.



MEASUREMENTS

81 - 62 - 1 cm
[31.88 - 24.40 in]

ACQ. STANDARD or MOSAIC SUCTION CUPS

ACQ.07 - 08



MEASUREMENTS

Standard diameter: 6 cm [2.36 in]
Mosaic diameter: 9 cm [3.54 in]



**INNOVATIVE AQUAFITNESS
FORMATS**

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FITNESS VIDEOS FOR EVERY LEVEL**

**AQUAFITNESS LESSONS
READY TO USE**

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CONTACT

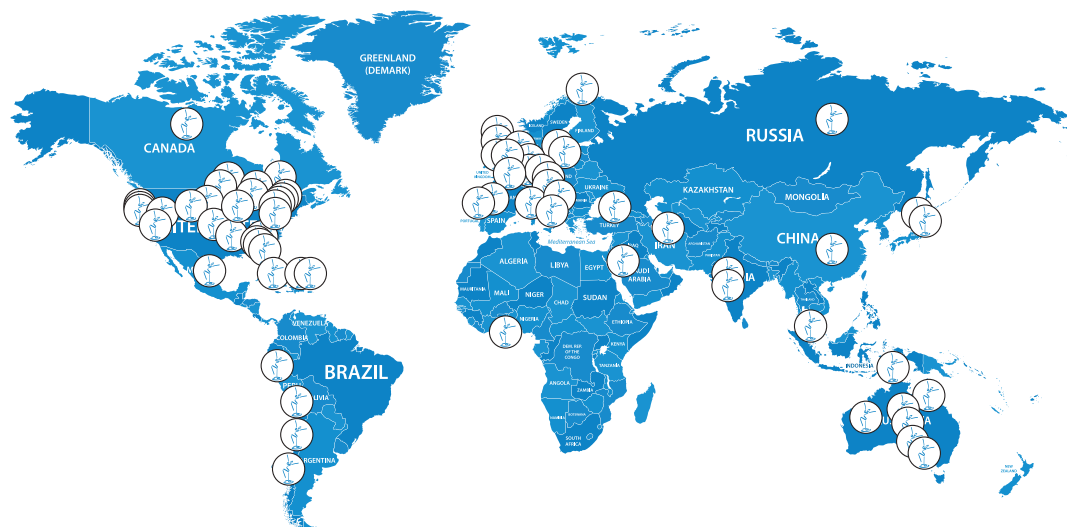
ACQUAPOLE® SAS

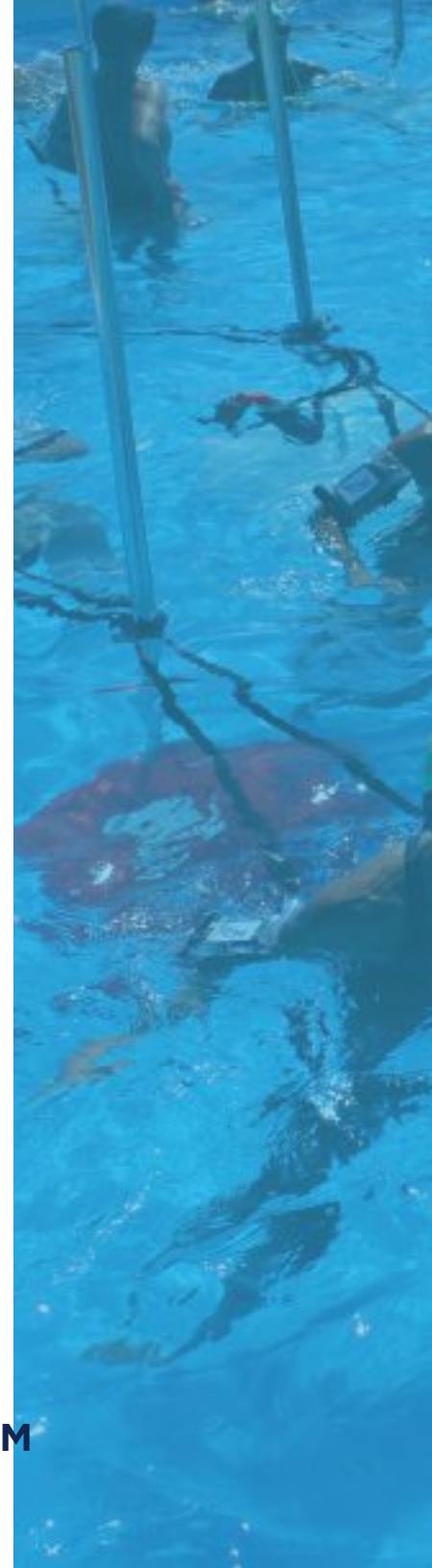
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